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Get on Stage for social inclusion

Erasmus + Youth KA105

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Mobility of Youth Workers

GET ON STAGE
FOR SOCIAL INCLUSION

LARNACA
18-27 NOVEMBER 2019



Countries: Cyprus, Greece, Czech Republic, Romania
Spain, Bulgaria, Turkey, Poland

BOOKLET

A Booklet as an outcome from participants' effort during the Activity week

Get on stage for social inclusion

Training Course

Partner Countries: 2019-2-CY02-KA105-0001574

Partners:

Neci EU

Network For European Citizenship And Identity Hellas (Greece),

European Youth Centre Breclav Z. S. (Czech Rep.),

Asociatia Hair Redivivus (Romania),

Backslash (Spain),

Sdruzhenie Walk Together (Bulgaria),

Lifos Youth Group (Turkey),

Fundacja Youth Act (Poland),

**E.C and NA Cyprus are not responsible for the content of the Booklet
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About the booklet

The project “Get on Stage for social Inclusion” aimed to train youthworkers on working with theater method as a tool for implementing attractive and effective social inclusion practices in their community but also internationally.

The main idea is to involve youngsters from different European countries in activities like be able to recognize the role of theater in non-formal learning process as well as find out the types of the games, their structure and system. We help them to improve their attitudes and their habits sharing their experiences and good practices to become an example for the society. The participants coming from Spain, Cyprus, Greece, Czech Republic, Bulgaria, Romania, Turkey and Poland meet themselves on Larnaca for nine days and try to find good way to interpret/ perceive social inclusion.

With this booklet we want to share with other people our learning experience and also some tools that can be used in the area of social inclusion; for example by teachers, youngsters, youth-workers, educators social workers etc. Also with people their involved with refuge young people.

This booklet is addressed to formal and non-formal contexts cause all of us have a different backgrounds that can help to create a better view of social inclusion.

Key words: theater, social inclusion n,mobility of youth workers
#lgetonstage2019tc, non formal learning, ERASMUS + youth project

About the project

This project is designed to train youthworkers on working with theater method as a tool for implementing attractive and effective social inclusion practices in their community but also internationally. This way the 26 youth workers will improve aspects of personality and enhance their own professional improvement but also will turn into multipliers of international mobility opportunities.

Theater based learning through NFL can be an effective tool for developing and improving ones competences and skills (social, creativity, digital, languages).

Thus through this project we wish to provide time, means, methods, examples, practices and share ideas through joyful learning using Theater techniques based on non formal approaches in order to empower them with the development of their basic key competences for enhancing the implementation of more successful practices for social inclusion.

We plan to create joyful and experiential learning environment for supporting our 26 youthworkers to:

- empower the implementation of successful practices of social inclusion within their organizations;
- assist youngsters within their society to turn into more persistent in building their future in the framework of innovation and entrepreneurship/creativity.
- learn how to work together with diverse groups (mainly refugees)
- increase their capacity as professional through the improvement of key competences and soft skills
- develop self confidence and open international networking with colleagues.



We will:

- implement tools and methods basically from Theater and Social inclusion based on Non Formal Learning (like simulations, debriefing, case studies, Role Plays, Theater based sessions, reflection etc),
- invite and cooperate with guest experts on theater as a method for enhancing learning and training,
- apply real time sessions with the participants in refugees center
- promote visibility and disseminate along with all partner organizations the power of E+ programme and results;
- bring and establish a stable and fruitful impact to the participants, to their organizations, to local, regional and wider LLL Society.

Main aims and objectives:

1. To suggest and share practices from NFL which increase awareness on social inclusion;
2. To provide examples through NFL on how Theatre can be a method for embracing diversity and supporting social inclusion;
3. To train them on how to design and implement NFL activities based on Theater in intercultural settings for social inclusion
4. To develop basic key competences (social, intercultural, soft skills, creativity, L2L) using non formal methods for improving their practice as professionals,
5. To broaden opportunities of qualitative networking for supporting further social inclusion.

Methods:

To achieve the project aims will be used during the TC followed methods:

- * Games «Get to know each other» (name games, ice breakers).
- * Team-building games. will help for future good cooperation.
- * Role plays and simulations as enhancers for Social inclusion. Also we will use/present these ones as theatre tools.
- * Reflection and debriefing «work with the learning diary-LAB» on the base of 8 key competences
- * Social event in the public place in Larnaca
- * A session in refugees center to apply with them new skills and practices on theater as a tool for social inclusion

YouthPass and self awareness

The key competences according to YouthPass that we improved in this training course were:

Cultural awareness and expression


Communication with someone of another culture and thinking in another ways to express ourselves to someone who has a completely different background than ours. We also had development in the empathy soft skills. We learned how different cultures manage to achieve the same objectives and how they cooperate between them. Perception is not the same as understanding and the first step to understanding is perception. You have to realise and understand what's happening.

Communication in the mother tongue & foreign language

We really understand the English language better than the one we read from the internet and books, but the one from real life. Trying to deal with different accents, pronunciations and tones gave us new opportunities for understanding. We saw the importance of body and paralanguage in the communication.

Social and civic competences

In this training course we had an overall good to very good cooperation between the participants and we had open doors to improve ourselves to social competences. Since we learned a lot of new information regarding the social inclusion from the trainers, experts and social workers we got a wider spectrum into the civic competences. Having so many, different and energetic activities during this training course and also having the experience on the refugee camp changed our attitudes to be more responsible in our community and also to those who want to join it. All different but all equal.



Inclusive acting
#ActAndReact
#theater_tc2019
#ErasmusPlus
#Theater

Enjoy social
inclusion
#theater_tc2019

Quotes

Inclusion is a right not a
privilege for a select few
#ActAndReact
#theater_tc2019
#ErasmusPlus
#Theater

Strength lies in
differences not in
similarities
#theater_tc2019
#ErasmusPlus
#Theater

Reflection Daries

Vanya

During this project I've learned a lot about social inclusion, theatre and the culture of the other countries participating in it. In the first day we mainly did energisers and icebreakers to get to know each other and to feel comfortable and confident while communicating and sharing our ideas. We also talked about what is youth pass and why is it useful.

Gergana

Sessions with Renos, energizers and key competences with Kyriacos, theatre sessions with Monika were super nice and words can't describe it. The theatre play which we attended made me feel happy and so calm same time. It was very interesting to know the stages of soc. inclusion and reflect on it. Thank you for the tasks in which we had brainstorming, I loved it. I love how at this project my top10 team was motivated to participate fully which means 60% of the workshops we did together and we gave our best for the moment. Everything I received from all of you I'll use it at some point in life which is something i appreciate and cherish so much.

Jáchym Wiesner

For me was most interesting the trip to refugee camp. In Czech relublic we have information about such as these camps very little and so now I can sey at my country how it really is and how it work. Beside this I have learned very much about social inklusion, specially I liked theatre games with Monica and of course the visit of greek restaurant where we saw typical Cyprus mediaval dress and eated Cyprus food. At All I can sey that after this cours I moore understand the refugee crysis and I also see the possiblity how to be helpfull in this area (social inclusion, explaining to people what I learned etc). Thank you for this opportunity, it was very usefull and I enjoied it so much.

Paula

Some of the sessions about 'Social Inclusion' were quite fruitful in terms of the learning outcomes specially the ones about different staged of social inclusion and some if the role plays. All in all I can say that it was very exhausting and intense project and I keep for myself different ways of managing groups and showing respect for your participants, specially when it come to respecting your own rules and not yell at them.

Robin Balog

Inclusion activities were interesting, because I feel like through them you showed us even tho we are openminded yet we have still some prejudices. I consider theoritical part as neccesary aspect of implementing inclusion however I think we could spent time more actively, I dont mean the whole process only few of it. In general I was very satisfied with inclusion bloc.

Alena Aichlmanova

The training was more or less as I expected – a mixture of activities connected with and connecting social inclusion and theatre. Each activity, no matter if focused more on social inclusion or theatre, I got some reflexion and understanding. Also I liked how the teams were changing all the time so we got more chances to work with each other. At the end, one of the things that come to my mind quiet often was that we are all human beings, no matter origin etc., and we all can contribute to the society.

Andreea Ionita

For me, this project had been an amazing experience, from the very first day /activity, till then last one. My favourite activities have been the ones focusing social inclusion, from which I have learned a lot!! I understood all the steps of inclusion and I to admit that now I have a different approach of the world /people. The most touching experience was the visit at the refugees camp, where I had the oportunity and the honour to meet special, brave people, with incredible life stories.

Natasa

During this training course I learnt a lot about social inclusion through the non formal education. We had several activities and sessions that would be useful for me and I will use these tools for my job.

Kashia

About this topic I learnt the most. From the beginning we started from: recognising issues, what is it about, how do we understand these things, how does it look like in our countries. We also compare some policy and practice from different countries. Afterwards we did some exercises using theater tools to feel and realise social inclusion and exclusion. My best exercise was that in which we participated into a simulated environment of refugees. Some of us were refugees and others of us were the immigration committee of awarding asylum status. It was amazing because we could really feel like the character we were playing. We had costumes and specific role. For me it was really surprising, because while I was playing my role, I felt lots of emotions: frustration, temper, sadness, kind of sorrow.

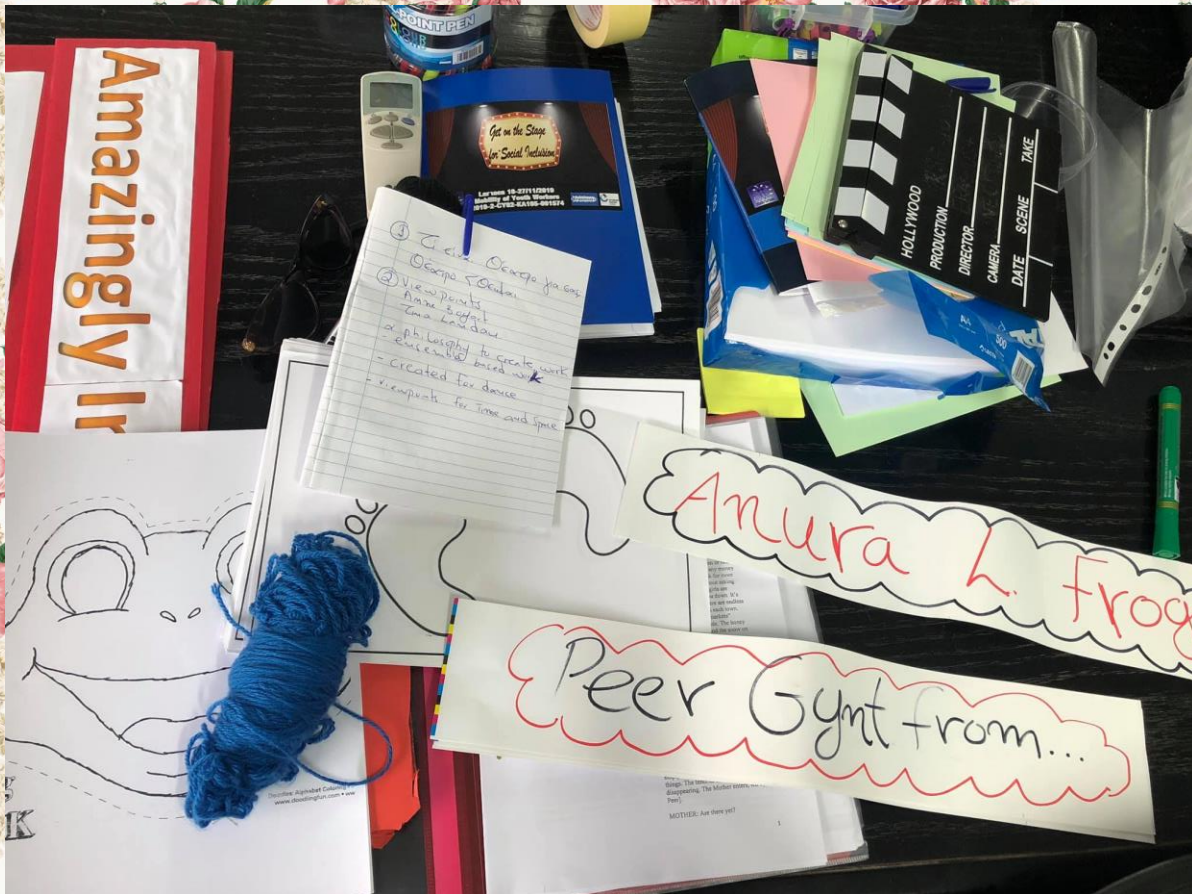
Anita Zych

Talking about the social inclusion activities, the best was acting as a refugee. It was a very weird feeling to place myself in the shoes of a scared newcomer who is trying to survive. It was a key activity for feeling empathy for the general problem of social exclusion and particularly for the war refugees.

Ilia Flampoura

The current project TC_Get on the stage for social inclusion was a very nice experience. The first days were about team building activities. So by this I managed to learn the whole group and come closer to one another so we can work as a team and not as individuals. We introduced ourselves under the guidance of the trainers to social inclusion by learning how social inclusion is implied in other countries. Then through the days I learned more about social inclusion and more specifically about the different stages that someone has to pass in order to be social included (denial, defence and ctr). I understand better the in-between differences and especially the differences among adaptation, integration and social inclusion. Furthermore we learned more about the key competences that someone should have in his life in order to be successful and effective.

Photos from the project



























Picture from Asylum seeker



